



Reporting, newsrooms and mental health

Now more than ever journalists and news crews must take extra care of their mental health as they report on the issues of the day.

It can be easy to overlook your own mental health and difficult to approach co-workers about theirs. The ongoing Covid-19 pandemic has added an extra layer of stress and isolation to the lives of already-busy journalists, making it harder to find the mental space to look after ourselves and others.

Join us for a special MPC webinar on the mental health of the media, featuring Dart Centre Asia Pacific Managing Director **Dr Cait McMahon**, 9News European Correspondent and Dart Fellow **Brett Mcleod**, and moderator **Richard Willingham**.

The Dart Center for Journalism and Trauma is a global network of media and health professionals dedicated to improving media coverage of trauma, conflict and tragedy while supporting the journalists who report on it.

The panel will discuss practical ways to take care of yourself during the pandemic, and will take questions from the audience.



Moderator Richard Willingham,
ABC political reporter and MPC
board member

Date & Time

Wednesday 22 September 2021
6.30pm – 7.30pm

Location

This event will run as a Zoom webinar.
Login details will be provided ahead of
the event.

Cost

Members free
\$25 for non-members and guests
Prices include GST

Bookings

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